

SCL Care Ltd

Sample Breakfast

Choice of cereals including porridge made with semi-skimmed milk
weetabix, bran flakes, cornflakes

Choice of natural or fruit yoghurt, or fruit

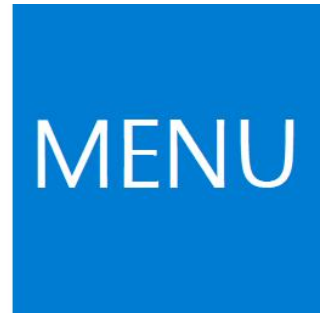
Choice of wholemeal, brown or white toast or bread
with a choice of spreads and preserves

Choice from the cooked breakfast selection:
Grilled bacon, tinned or fresh tomato, poached egg or boiled egg

Choice of beverages:
Tea, coffee or milk

Mid Morning

Tea/coffee/water and biscuits



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Sample Lunch

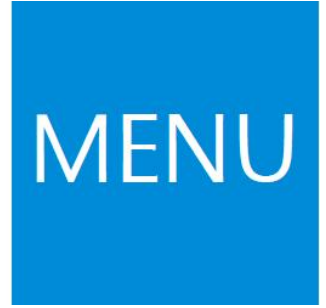
Roast lamb with fresh mint sauce from the garden
or
Omelette of choice

Both served with roast potatoes or creamed mash,
buttered cabbage and carrots

Home-made apple crumble and custard
Rice pudding
Tea/coffee/squash/water

Evening Meal

Pasties
Pork pies
Cheese on toast
Chicken dippers
Sausage and tomatoes
Selection of sandwiches
Chocolate éclairs
Fruit and cream
Tea/coffee/squash/water



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Night Bites Menu

Served between 6.30pm and 6.30am
When the kitchen is closed we offer the following foods:

Fresh fruit
Beans on toast
Spaghetti on toast
Selection of sandwiches
Selection of cakes and biscuits
Toast with spreads and preserves
Selection of cereals and yoghurts

A selection of hot and cold beverages are available at all times